

2024 SUBSECTION 3A-NORTH GIRLS

May 23rd at Montevideo

Team Scores:

1. MACCRAY/RCW	190.33
2. Benson/KMS	132.83
3. Lac qui Parle Valley/Dawson-Boyd	107.5
4. Morris Area/Chokio-Alberta	107.33
5. Montevideo	104
6. Hancock	39
7. Ortonville	2

Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Callie Jaenisch MACCRAY/RCW 13.98a
 - 2 Ella Kienitz MACCRAY/RCW 14.23a
 - 3 Ruby Swenson Morris Area/Chokio-Albe 14.48a
 - 4 Cassandra Harms MACCRAY/RCW 14.55a
 - 5 Teagan Epema Montevideo 14.65a
 - 6 Maggie Kling Montevideo 14.73a
 - 7 Lola Schmidgall Morris Area/Chokio-Albe 14.92a
 - 8 Joya Anspach Montevideo 14.93a
 - 9 Bailey Bothun Lac qui Parle Valley/Da 14.99a
 - 10 Atiana Specht Lac qui Parle Valley/Da 15.11a
 - 11 Alexis Scheupp Morris Area/Chokio-Albe 15.11a
 - 12 Hannah Oie Lac qui Parle Valley/Da 15.47a
 - 13 Brooke Johnson Benson/KMS 15.86a
 - 14 Margaret Bretz Hancock 16.01a
 - 15 Lydia Rechtzigel Hancock 16.50a
 - 16 Stephanie Weber Hancock 16.85a
 - 17 Corin Dale Ortonville 18.56a
- Reyna Reyes Benson/KMS SCR
-- Taylor Marquardt Benson/KMS SCR

Girls Varsity 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Adelyn Plagge MACCRAY/RCW 28.55a
 - 2 Elizabeth O'Malley Montevideo 28.60a
 - 3 Isabel Guerra Morris Area/Chokio-Albe 28.97a
 - 4 Cecelia Morris MACCRAY/RCW 29.86a
 - 5 Taylor Nesvig Hancock 30.41a
 - 6 Teagan Epema Montevideo 30.42a
 - 7 Morgan Anderson Lac qui Parle Valley/Da 30.77a
 - 8 Maren Nelson Montevideo 30.95a
 - 9 Lola Schmidgall Morris Area/Chokio-Albe 30.98a
 - 10 Alexa Erholtz Morris Area/Chokio-Albe 31.09a
 - 11 Abby Ebnert Ortonville 31.56a
 - 12 Maci Coyour Lac qui Parle Valley/Da 31.57a
 - 13 Marrin Wolle Lac qui Parle Valley/Da 32.26a
 - 14 Brooke Johnson Benson/KMS 33.47a
 - 15 Margaret Bretz Hancock 34.10a
 - 16 Paulina Velazquez Benson/KMS 36.41a
- Mia Post MACCRAY/RCW SCR

-- Taylor Marquardt Benson/KMS SCR

Girls Varsity 400 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Amber Rosemeier Benson/KMS 1:00.71a
 - 2 Annie Bourne MACCRAY/RCW 1:02.84a
 - 3 Kaida Helgenset Benson/KMS 1:03.63a
 - 4 Elizabeth O'Malley Montevideo 1:03.64a
 - 5 Hailey Werk Morris Area/Chokio-Albe 1:04.66a
 - 6 Addy Tufto Lac qui Parle Valley/Da 1:05.59a
 - 7 Leah Wagner Benson/KMS 1:07.45a
 - 8 Annabella Ekren Morris Area/Chokio-Albe 1:07.75a
 - 9 Calli Zeidler Montevideo 1:08.68a
 - 10 Abby Ebnert Ortonville 1:09.47a
 - 11 Julissa Ramos Lac qui Parle Valley/Da 1:10.38a
 - 12 Cali Janke Montevideo 1:10.60a
 - 13 Lauren Mertens MACCRAY/RCW 1:11.22a
 - 14 Fryda Pico Jon Morris Area/Chokio-Albe 1:13.68a
 - 15 Rebeka Bulman Hancock 1:14.63a
 - 16 Stephanie Strahm Hancock 1:21.55a
- Daytona Bissett Lac qui Parle Valley/Da FS

Girls Varsity 800 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Brielle Janssen MACCRAY/RCW 2:27.87a
- 2 Frida Barrera MACCRAY/RCW 2:31.27a
- 3 Hailey Werk Morris Area/Chokio-Albe 2:31.91a
- 4 Brynn Gloege Lac qui Parle Valley/Da 2:34.39a
- 5 Vivian Messner Hancock 2:46.33a
- 6 Tahlia Hersom Lac qui Parle Valley/Da 2:58.48a
- 7 Nevaeh Halverson Montevideo 2:59.11a
- 8 Abigail Alonso Lac qui Parle Valley/Da 2:59.59a
- 9 Callie Andrews Montevideo 3:07.80a
- 10 Hope Rittel Montevideo 3:08.37a
- 11 Rachel Seehusen MACCRAY/RCW 3:20.79a
- 12 Olivia Thorson Benson/KMS 3:21.44a
- 13 Lexie Thompson Benson/KMS 3:26.43a
- 14 MaKenzie Dale Ortonville 3:34.45a

Girls Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Chloe Gloege Lac qui Parle Valley/Da 5:50.07a
- 2 Evangeline LeGare MACCRAY/RCW 6:06.95a
- 3 Kendal Fischer Morris Area/Chokio-Albe 6:09.86a
- 4 Tabitha Bjerkevedt Hancock 6:22.94a
- 5 Alexis Williamson Montevideo 6:31.35a
- 6 Nora Williamson Montevideo 6:39.83a
- 7 Elle Golden Montevideo 6:43.74a

8 Kate Schaefer Hancock 6:46.84a
9 Brooklyn Sterud Lac qui Parle Valley/Da 6:54.29a
10 Macy Seales Morris Area/Chokio-Albe 6:57.81a
11 MaKenzie Dale Ortonville 8:08.35a

2 MACCRAY/RCW 51.84a
1) Adelyn Plagge 2) Ella Kienitz
3) Ella Hultgren 4) Callie Jaenisch
3 Morris Area/Chokio-Alberta 54.56a
1) Alexis Scheupp 2) Mya Schmidgall
3) Isabelle Motz 4) Ruby Swenson
4 Montevideo 55.32a
1) Maggie Kling 2) Aubrey Norman
3) Brenna Winters 4) Teagan Epema
5 Lac qui Parle Valley/Dawson-Boyd 55.65a
1) Ayiana Hastad 2) Bailey Bothun
3) Sadie Hacker 4) Hannah Oie
6 Hancock 56.42a
1) Rebeka Bulman 2) Taylor Nesvig
3) Taiah Minnick 4) Giana Feuchtenberger
7 Ortonville 1:00.48a
1) Haley Borner 2) Addison Koval
3) Meadow Schablin 4) Destiny Warner

Girls Varsity 3200 Meters Finals

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Athlete Yr Team Mark Wind

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1 Sam Hultgren MACCRAY/RCW 12:20.66a
2 Chloe Gloege Lac qui Parle Valley/Da 13:32.42a
3 Ruby Hultgren MACCRAY/RCW 14:29.47a
4 Anya Fehr Morris Area/Chokio-Albe 14:43.14a
5 Halle Bolduc Benson/KMS 15:43.77a
6 Avery Waterworth Morris Area/Chokio-Albe 15:44.31a
-- Johanna Baez Morris Area/Chokio-Albe SCR

Girls Varsity 4x200m Relay Finals

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Team Time

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1 Benson/KMS 1:52.33a
1) Alissa Thompson 2) Izzy Wirth
3) Julia Claussen 4) Amber Rosemeier
2 MACCRAY/RCW 1:53.34a
1) Ella Hultgren 2) Annie Bourne
3) Cecelia Morris 4) Adelyn Plagge
3 Lac qui Parle Valley/Dawson-Boyd 1:57.57a
1) Sadie Hacker 2) Sadie Rosendahl
3) Addy Tufto 4) Morgan Hanson
4 Hancock 2:00.26a
1) Rebeka Bulman 2) Taiah Minnick
3) Giana Feuchtenberger 4) Taylor Nesvig
5 Morris Area/Chokio-Alberta 2:02.27a
1) Alexa Erholtz 2) Hana Schutz
3) Annabella Ekren 4) Isabel Guerra
-- Montevideo DQ
1) Maggie Kling 2) Aubrey Norman
3) Brenna Winters 4) Anika Arends

Girls Varsity 100m Hurdles Finals

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Athlete Yr Team Mark Wind

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1 Ava Noble Benson/KMS 17.18a
2 Ayiana Hastad Lac qui Parle Valley/Da 18.01a
3 Brenna Winters Montevideo 18.31a
4 Anika Arends Montevideo 18.60a
5 Mya Schmidgall Morris Area/Chokio-Albe 19.04a
6 Alexis Olesen Lac qui Parle Valley/Da 19.61a
7 Isabelle Motz Morris Area/Chokio-Albe 19.67a
8 Alanya Stenson Montevideo 20.75a
9 Ella Stock Lac qui Parle Valley/Da 21.29a
10 Grace Nagler Benson/KMS 21.31a
11 Aria Chatters Morris Area/Chokio-Albe 21.71a

Girls Varsity 4x400m Relay Finals

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Team Time

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1 Lac qui Parle Valley/Dawson-Boyd 4:13.84a
1) Makiah Pust 2) Brynn Gloege
3) Taylor Wood 4) Addy Tufto
2 MACCRAY/RCW 4:14.17a
1) Brielle Janssen 2) Ella Kienitz
3) Ella Hultgren 4) Annie Bourne
3 Benson/KMS 4:23.14a
1) Alissa Thompson 2) Izzy Wirth
3) Kaida Helgense 4) Amber Rosemeier
4 Montevideo 4:39.62a
1) Cali Janke 2) Jessa Norby
3) Calli Zeidler 4) Aubrey Norman

Girls Varsity 300m Hurdles Finals

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Athlete Yr Team Mark Wind

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1 Ava Noble Benson/KMS 47.75a
2 Anika Arends Montevideo 51.54a
3 Lilly Ronholdt Benson/KMS 53.06a
4 Hana Schutz Morris Area/Chokio-Albe 53.28a
5 Joya Anspach Montevideo 53.94a
6 Alexis Olesen Lac qui Parle Valley/Da 55.19a
7 Giana Feuchtenberger Hancock 55.94a
8 Taryn Stenson Montevideo 57.73a
9 Kylie Prekker MACCRAY/RCW 58.53a
10 Paige Steffen MACCRAY/RCW 58.61a
11 Ella Stock Lac qui Parle Valley/Da 1:00.45a
12 Taiah Minnick Hancock 1:01.22a
13 Camryn Olesen Lac qui Parle Valley/Da 1:01.96a

Girls Varsity 4x100m Relay Finals

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Team Time

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1 Benson/KMS 51.83a
1) Ava Noble 2) Izzy Wirth
3) Julia Claussen 4) Carly Tolifson

- 5 Morris Area/Chokio-Alberta 4:47.66a
 1) Hana Schutz 2) Alayna Perkins
 3) Marcquilla Love-Sheppard 4) Isabel Guerra

Girls Varsity 4x800m Relay Finals

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Team Time

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- 1 MACCRAY/RCW 10:07.79a
 1) Frida Barrera 2) Evangeline LeGare
 3) Sam Hultgren 4) Brielle Janssen
 2 Lac qui Parle Valley/Dawson-Boyd 10:43.40a
 1) Brynn Gloege 2) Makiah Pust
 3) Harper Gronholz 4) Taylor Wood
 3 Morris Area/Chokio-Alberta 11:39.39a
 1) Alayna Perkins 2) Anya Fehr
 3) Avery Waterworth 4) Kendal Fischer
 4 Hancock 11:39.83a
 1) Kaylynn Christianson 2) Kate Schaefer
 3) Tabitha Bjerkevedt 4) Vivian Messner
 5 Benson/KMS 11:47.40a
 1) Halle Bolduc 2) Emily Finstrom
 3) Kayleigh Finstrom 4) Lilly Ronholdt
 6 Montevideo 12:31.50a
 1) Angela Padilla 2) Hope Rittel
 3) Nevaeh Halverson 4) Emily Valenzuela

Girls Varsity Shot Put Finals

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Athlete Yr Team Mark

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- 1 Hayley Anderson Lac qui Parle Valley/Daw 34-2.25
 2 Emersen Tatge MACCRAY/RCW 31-5
 3 Addisyn Pederson MACCRAY/RCW 29-3
 4 Elizabeth O'Malley Montevideo 29-1.75
 5 Laura Kellenberger Hancock 29-1
 6 Alanya Stenson Montevideo 27-8.50
 7 Britta Schmidgall Morris Area/Chokio-Alber 27-4.75
 8 Teagan Froehlich Benson/KMS 27-0.50
 9 Alex Dirksen MACCRAY/RCW 26-10.25
 10 Isabella Longhenrey Lac qui Parle Valley/Daw 25-3.50
 11 Haylee Rieck Ortonville 25-0.25
 12 Halle Bolduc Benson/KMS 24-10.75
 13 Mele Paongo Montevideo 24-0.25
 14 Stephanie Weber Hancock 22-4.50
 15 Isabelle Motz Morris Area/Chokio-Alber 22-0.50
 16 Sophia Oerter Benson/KMS 21-10.50
 17 Lydia Rehtzigel Hancock 21-6.50
 18 Sandra Rosillo Morris Area/Chokio-Alber 19-1.75
 -- Mykeyan Elias Lac qui Parle Valley/Daw DNS

Girls Varsity Discus Finals

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Athlete Yr Team Mark

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- 1 Emma Thein MACCRAY/RCW 102-2
 2 Mamie Luft Benson/KMS 100-3
 3 Hayley Anderson Lac qui Parle Valley/Daw 96-1

- 4 Britta Schmidgall Morris Area/Chokio-Alber 95-9
 5 Elizabeth O'Malley Montevideo 95-6
 6 Emersen Tatge MACCRAY/RCW 86-0
 7 Teagan Froehlich Benson/KMS 80-10
 8 Alex Dirksen MACCRAY/RCW 76-5
 9 Abigail Nuest Hancock 72-9
 10 Lydia Rehtzigel Hancock 72-1
 11 Isabella Longhenrey Lac qui Parle Valley/Daw 67-0
 12 Haylee Rieck Ortonville 64-1
 13 Laura Kellenberger Hancock 63-2
 14 Halle Bolduc Benson/KMS 61-3
 15 Calli Zeidler Montevideo 60-1
 16 Alanya Stenson Montevideo 53-9
 17 Sandra Rosillo Morris Area/Chokio-Alber 42-8
 -- Mykeyan Elias Lac qui Parle Valley/Daw DNS

Girls Varsity High Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Ayiana Hastad Lac qui Parle Valley/Daw 5-1
 2 Madelynn Luft Benson/KMS 4-11
 3 Emma Thein MACCRAY/RCW 4-11
 4 Carly Tolifson Benson/KMS 4-11
 5 Cassandra Harms MACCRAY/RCW 4-7
 6 Mya Schmidgall Morris Area/Chokio-Alber 4-7
 7 Alexa Erholtz Morris Area/Chokio-Alber 4-7
 8 Sadie Rosendahl Lac qui Parle Valley/Daw 4-5
 8 Savannah Peterson Benson/KMS 4-5
 10 Kaylynn Christianson Hancock 4-5
 11 Ruby Swenson Morris Area/Chokio-Alber 4-3
 -- Emmalee Koenen Montevideo NH

Girls Varsity Pole Vault Finals

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Athlete Yr Team Mark Wind

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- 1 Izzy Wirth Benson/KMS 8-1
 2 Hana Schutz Morris Area/Chokio-Alber 7-7
 2 Keala Carroll Benson/KMS 7-7
 2 Callie Jaenisch MACCRAY/RCW 7-7
 5 Isabel Guerra Morris Area/Chokio-Alber 7-7
 6 Emily McGinty Benson/KMS 6-7
 7 Alayna Perkins Morris Area/Chokio-Alber 6-7
 8 Avrielle Fultz Montevideo 6-7
 9 Maggie Jaenisch MACCRAY/RCW 6-1
 -- Mia Post MACCRAY/RCW DNS

Girls Varsity Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Carly Tolifson Benson/KMS 16-8.50
 2 Kori Bristle MACCRAY/RCW 16-2
 3 Taylor Nesvig Hancock 14-8.75
 4 Isabelle Motz Morris Area/Chokio-Alber 14-7
 5 Teagan Epema Montevideo 14-5.75
 6 Abigail Alonso Lac qui Parle Valley/Daw 14-5

- 7 Taryn Stenson Montevideo 14-4.25
- 8 Teagan Froehlich Benson/KMS 14-2.25
- 9 Savannah Peterson Benson/KMS 14-1.50
- 10 Lola Schmidgall Morris Area/Chokio-Alber 13-6
- 11 Giana Feuchtenberger Hancock 13-3.25
- 12 Abigail Nuest Hancock 12-11.75
- 13 Luci Bakeberg Ortonville 12-11
- 14 Destiny Warner Ortonville 12-8
- 15 Chloe Fehr Morris Area/Chokio-Alber 12-6.75
- 16 Hope Ripley Montevideo 11-3
- Ella Hultgren MACCRAY/RCW FOUL 2.0
- Reese McCoy Lac qui Parle Valley/Daw DNS

Girls Varsity Triple Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Kori Bristle MACCRAY/RCW 34-7.25
- 2 Anika Arends Montevideo 32-7.25
- 3 Cassandra Harms MACCRAY/RCW 32-4
- 4 Aria Chatters Morris Area/Chokio-Alber 31-4
- 5 Alexis Olesen Lac qui Parle Valley/Daw 30-11.75
- 6 Fryda Pico Jon Morris Area/Chokio-Alber 30-2.25
- 7 Joya Anspach Montevideo 30-1
- 8 Brenna Winters Montevideo 29-11.25
- 9 Kendal Fischer Morris Area/Chokio-Alber 29-10.25
- 10 Vivian Messner Hancock 29-1
- 11 Morgan Anderson Lac qui Parle Valley/Daw 29-0.50
- 12 Abigail Nuest Hancock 29-0
- 13 Abby Ebnet Ortonville 26-10
- 14 Destiny Warner Ortonville 26-3.50
- Reese McCoy Lac qui Parle Valley/Daw FOUL 2.0